

Summary of 2024 Update for PCC4U Focus Topics

In August 2024, the four PCC4U Focus Topics were reviewed and updated as part of the project team's ongoing quality improvement process. This document provides details of the updates for educators who are using these resources. Overall, this process has resulted in:

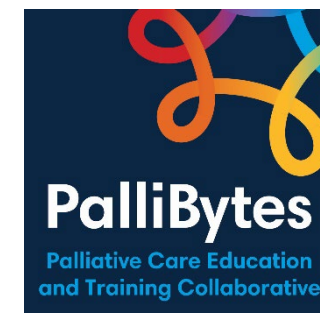
- Update of content to align with current standards and guidelines, and evidence-based practices (as indicated in the '2024 Updates' column in the tables below)
- Minor wording changes, repair of broken URLs and updating of reference lists were completed on all PCC4U activity pages. For some activity pages, this was the extent of the update (these have been noted as 'No content changes' in the tables below)

Adding links to the Collaborative's new PalliBytes modules in the "PalliBytes Module Links" section on each PCC4U activity page. PalliBytes modules provide an alternative for educators in presenting content to learners and/or provide options for self-directed learning.

All modules are accessible with a user account (free) on our learning management system at this link:

<https://palliativecareeducation.com.au/course/index.php?categoryid=30>

Please contact the project team if you have any questions about this resource update: pcc4u@qut.edu.au



Quick links to update summaries:

- [Focus Topic 1: Multidisciplinary care](#)
- [Focus Topic 2: Caring for Australian Indigenous peoples affected by life-limiting illness](#)
- [Focus Topic 3: Caring for children with life-limiting illnesses](#)
- [Focus Topic 4: Culture-centred care of people with life-limiting illnesses](#)

Focus Topic 1: Multidisciplinary care

Section	Activity	2024 Updates	Linked PalliBytes Modules
Principles of a multidisciplinary approach	Activity 1: Multidisciplinary approaches to palliative care	New content reflective of current evidence-basis	<ul style="list-style-type: none"> The multidisciplinary team in palliative care
	Activity 2: Betty's story	N/A	
	Activity 3: Principles of multidisciplinary care	New content reflective of current evidence-basis	<ul style="list-style-type: none"> The multidisciplinary team in palliative care
Planning a multidisciplinary approach	Activity 4: Person and family-centred care planning	New content reflective of current evidence-basis	<ul style="list-style-type: none"> Goals of care conversations
	Activity 5: The multidisciplinary team	New content reflective of current evidence-basis	<ul style="list-style-type: none"> The multidisciplinary team in palliative care
	Activity 6: The team meeting	N/A	
	Activity 7: Ongoing information and communication	N/A	
Providing multidisciplinary care at the end of life	Activity 8: Betty's disease progresses	N/A	
	Activity 9: The team implements and end-of-life care plan	N/A	
	Activity 10: Standards of care	Additional relevant standards listed and links provided	<ul style="list-style-type: none"> National standards for palliative care
	Activity 11: Alan's perspective	Added CareSearch resource link: Finding services and support	<ul style="list-style-type: none"> Family needs in palliative care

Focus Topic 2: Caring for Australian Indigenous peoples affected by life-limiting illness

Section	Activity	2024 Updates	Linked PalliBytes Modules
Pre-requisite knowledge		N/A	<ul style="list-style-type: none"> • Cultural safety and culturally-responsive care • Inclusive and culturally-responsive palliative care
Power, privilege and the place of healthcare	Activity 1: Power and privilege	N/A	<ul style="list-style-type: none"> • Cultural safety and culturally-responsive care
	Activity 2: Racism in healthcare	N/A	<ul style="list-style-type: none"> • Inclusive and culturally-responsive palliative care
Australian Indigenous Cultures	Activity 3: Australian Indigenous peoples	N/A	<ul style="list-style-type: none"> • Culturally-responsive palliative care for Aboriginal and Torres Strait Islander peoples
	Activity 4: Connection to Country and Spirituality	N/A	
	Activity 5: Health and wellbeing	Added video resource: Mayi Kuwayu study – the importance of culture for health and wellbeing	
UNDRIP and the provision of palliative care	Activity 6: UN Declaration on the Rights of Indigenous Peoples	N/A	
	Activity 7: UNDRIP and health	N/A	
	Activity 8: Human rights and palliative care	N/A	
Historical and ongoing trauma and barriers to palliative care	Activity 9: Historical trauma	Updated historical timelines to include information regarding the 2023 referendum and treaty processes	
	Activity 10: Trauma, healing and resilience	N/A	
	Activity 11: Barriers to and enablers of palliative care	N/A	

Communication and family-centred palliative care	Activity 12: Palliative care is holistic and family centred	N/A	
	Activity 13: Communication	N/A	<ul style="list-style-type: none"> • Be prepared for the conversation
	Activity 14: Advance care planning conversations	N/A	<ul style="list-style-type: none"> • Advance care planning
	Activity 15: Symptom management	N/A	
Cultural considerations at the end of life	Activity 16: Cultural-responsiveness at end of life	Add video resource (embedded): Where traditional and modern medicine meet	
	Activity 17: Cultural practices and rituals	N/A	

Focus Topic 3: Caring for children with life-limiting illness

Section	Activity	2024 Updates	Linked PalliBytes Modules
Understanding needs of children with life-limiting illnesses and their families/carers	Activity 1: Impact of life-limiting illness	Updated statistics and content reflective of current evidence basis.	
	Activity 2: The family's experience of their child's life-limiting illness	Add video resource: Demystifying paediatric palliative care	
	Activity 3: Emily's story	N/A	
	Activity 4: Paediatric palliative care concepts	Updated and expanded content; Key resource added "A practical guide to palliative care in paediatrics"	<ul style="list-style-type: none"> • Paediatric palliative care
Principles of care for children with a life-limiting illness	Activity 5: Communication with children and their families	Updated content reflective of current evidence basis.	<ul style="list-style-type: none"> • Paediatric palliative care • Communication in palliative care
	Activity 6: Emily's review	N/A	
	Activity 7: Collaborative approaches to care	Updated content reflective of current evidence basis.	
Supportive care interventions	Activity 8: Supportive approaches to care	Links added to <i>A Practical Guide to Palliative Care in Paediatrics</i> and QuoCCA module: Palliative care for children and young people	<ul style="list-style-type: none"> • Paediatric palliative care
	Activity 9: Emily's case conference	N/A	
	Activity 10: Psychosocial, spiritual and cultural support for children	Added FICA tool for spiritual assessment; added content on cultural assessment and support	<ul style="list-style-type: none"> • Culturally-responsive palliative care for Aboriginal and Torres Strait Islander peoples • Culturally-responsive palliative care for people from culturally-diverse backgrounds
	Activity 11: Support for families and communities	Minor content updates; added link to Compassionate Communities	<ul style="list-style-type: none"> • Loss, grief and healing
	Activity 12: Emily's progression	N/A	
	Activity 12: Self-care for health professionals	No content updates	<ul style="list-style-type: none"> • Self-care in the palliative care context

Focus Topic 4: Culture-centred care of people with life-limiting illness

Section	Activity	2024 Updates	Linked PalliBytes Modules
Diversity in contemporary Australian society	Activity 1: Cultural diversity and cultural safety	Updated statistics and content; link to Focus Topic 2: Prerequisite knowledge activity	<ul style="list-style-type: none"> • Inclusive and culturally-responsive palliative care
	Activity 2: Diversity and palliative care	Updated content reflective of current evidence basis; link to Core Module 1: Activity 3	<ul style="list-style-type: none"> • Cultural safety and culturally-responsive care • Culturally-responsive palliative care for Aboriginal and Torres Strait Islander peoples • Culturally-responsive palliative care for people from culturally-diverse backgrounds
	Activity 3: Amy's story	N/A	
Culture-centred communication	Activity 4: Intercultural communication	Updated content reflective of current evidence basis	<ul style="list-style-type: none"> • Be prepared for the conversation
	Activity 5: Cultural considerations in palliative care	Updated content reflective of current evidence basis	<ul style="list-style-type: none"> • Culturally-responsive palliative care for people from culturally-diverse backgrounds
	Activity 6: Amy is admitted to an aged care facility	N/A	
Providing culturally-responsive care	Activity 7: Supporting access to palliative care	Updated content reflective of current evidence basis	<ul style="list-style-type: none"> • Inclusive and culturally-responsive palliative care
	Activity 8: Symptom management	Updated content reflective of current evidence basis; updated thinking points to be more culturally-responsive	<ul style="list-style-type: none"> • Be prepared for the conversation
	Activity 9: Cultural and individual differences	N/A	
	Activity 10: Understanding spiritual needs	Updated content reflective of current evidence basis	<ul style="list-style-type: none"> • Loss, grief and healing
Support for people from culturally-diverse backgrounds at end stages of life	Activity 11: End-of-life care	No content updates	
	Activity 12: Support for Amy's family at end of life	N/A	